

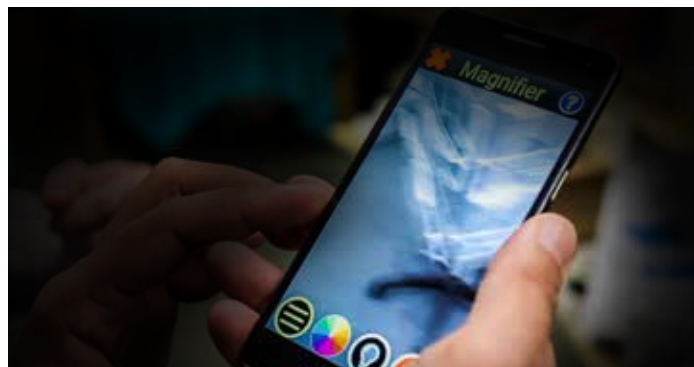
Exploring the spectrum of sight

R N I B

See differently

Did you know that 93 per cent of people who are registered blind or partially sighted can see something?

The reality of sight loss varies for each individual, but here are examples of how someone with one of the four most common eye conditions might see.



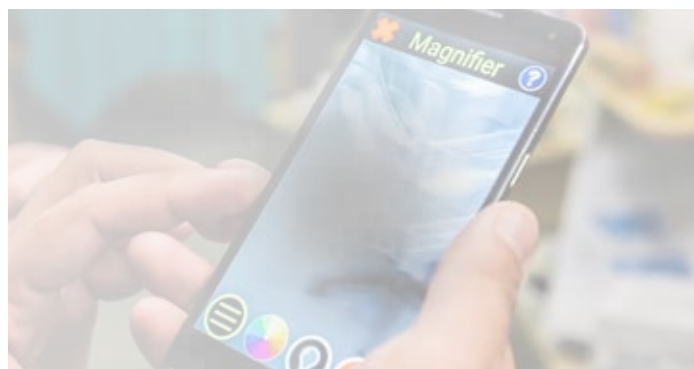
Glaucoma

A condition that damages your optic nerve and causes loss of side vision in the early stages and central vision in later stages.



Age-related macular degeneration

Also referred to as AMD. A condition where the cells in the central part of your retina – called the macula – become damaged. It may cause distortion or loss of central vision.



Cataracts

Causes your sight to become cloudy or misty and some people report dazzle at night or in bright sunshine.



Diabetic retinopathy

Can affect the blood vessels at the back of the eye which leads to patchy loss of central or side vision.



How I See is a community-led campaign exploring the spectrum of sight and other issues that matter to our community affected by sight loss.

For all the latest on How I See, visit [rnib.org.uk/howisee](https://www.rnib.org.uk/howisee)

Don't forget to share your experiences too, using #HowISee